

CIPD Wellbeing Conference
Croke Park
3rd October 2024

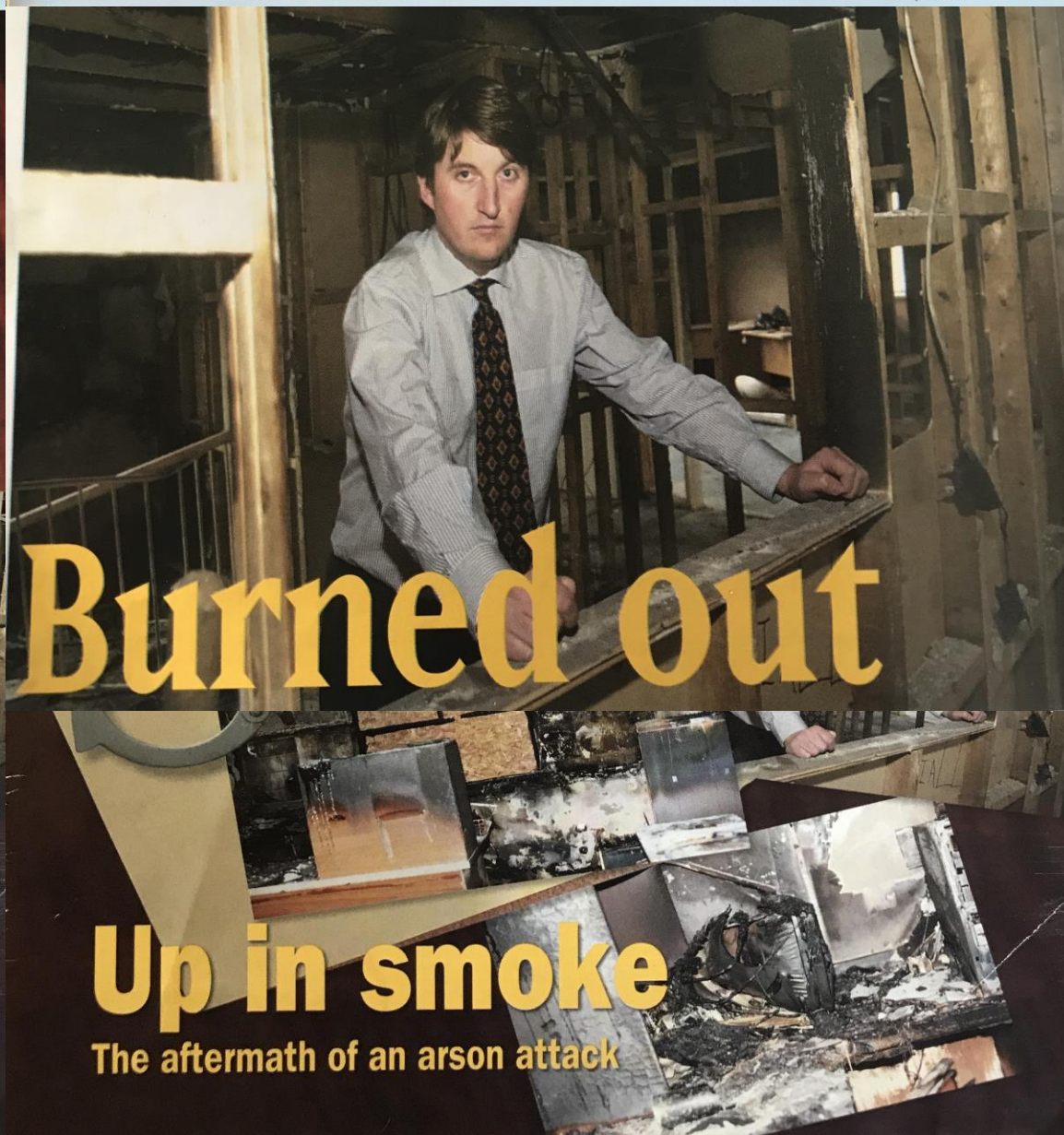
Inspirational Keynote:

Vitality and Wellbeing in the Workplace

Dr. Mark Rowe

www.drmarkrowe.com

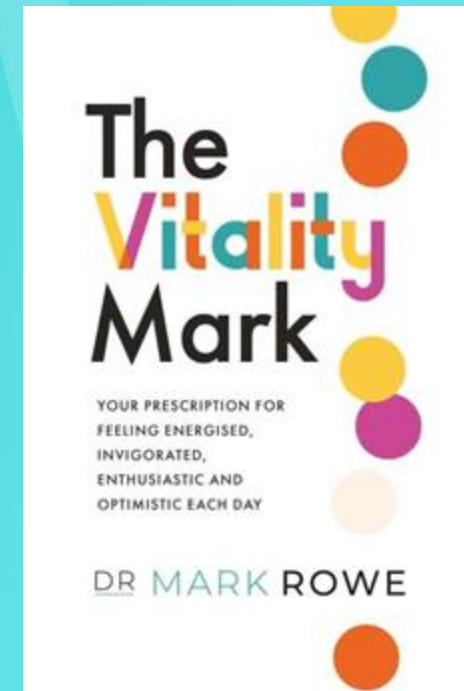
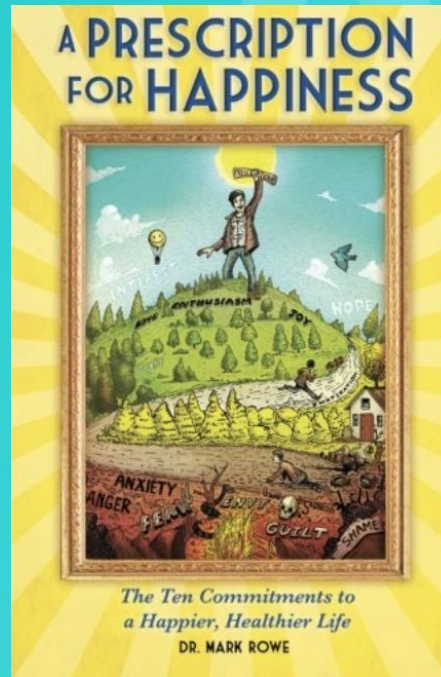
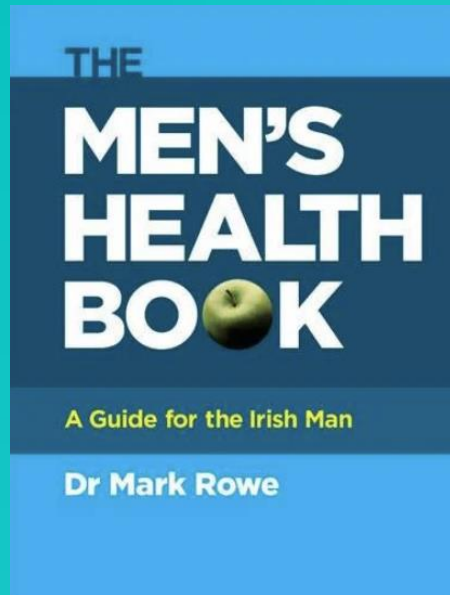
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Waterford Health Park



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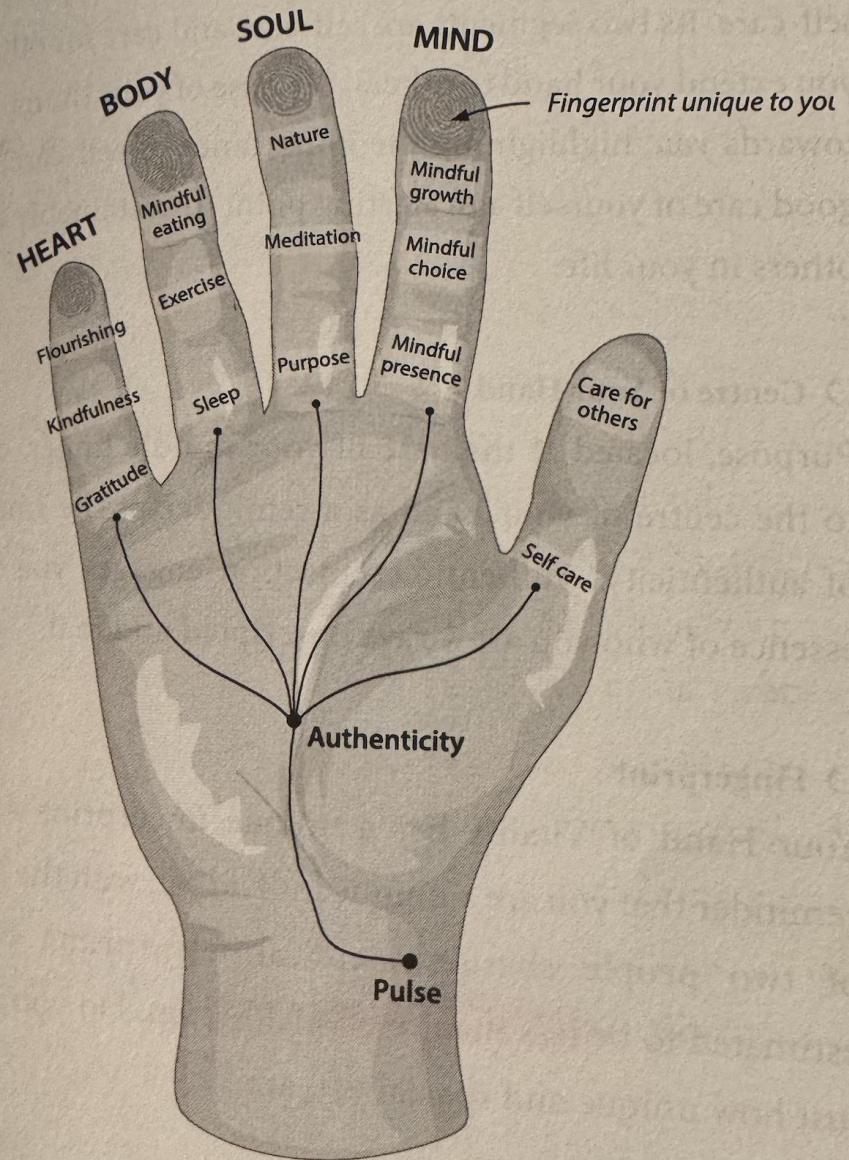
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What is Wellbeing?

DR MARK ROWE

THE HAND OF VITALITY





P. A. U. S. E.

DR MARKR~~O~~WE



THANK YOU !

DR MARKROWE

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